

WEEKLY UPDATE FROM THE NMRSD SUPERINTENDENT'S OFFICE MAY 14, 2017

The North Middlesex Regional School District celebrates its wonderful teachers who provide our students with an outstanding education and opportunities. Thank you for all you do!

Happy Mother's Day to all the mothers and grandmothers in our community! We hope you enjoyed the day.

NORTH MIDDLESEX REGIONAL SCHOOL DISTRICT SCHOOL COMMITTEE

The next NMRSD School Committee Meeting will be held on Monday, May 15, 2017, at North Middlesex Regional High School at 7:00 p.m. Agenda items will include the following:

REPORTS/INFORMATION ITEMS

Superintendent's Report

- Strategic Objectives 3, 4, & 5 Update
- Retiree Luncheon
- Update regarding MSBA vote on Friday, May 12, 2017

Policy Subcommittee

The policy subcommittee recommends the school committee adopt the following policy for (1st reading):

- IHAM Health Education
- IHAM-R Health Education

OLD BUSINESS

- 2017-2018 School Calendar Recommended Amendment (update)
- Update on School Building Projects
- Award of Before and After School Vendor Contract (Discussion and vote)

NEW BUSINESS

- The superintendent recommends that the school committee vote to declare all items on the HBMS disposal list as surplus.
- The superintendent recommends that the school committee vote to declare all items on the NMRHS disposal list as surplus (Move List D).
- The superintendent recommends that the school committee vote to declare all items on the NMRHS technology disposal list as surplus.
- The superintendent recommends that the school committee vote to approve the sale of the \$200,000 1.30 percent General Obligation Bond Anticipation Notes (the "Notes") of the District dated May 22, 2017, and payable May 22, 2018, to Eastern Bank at par and accrued interest, if any.

NORTH MIDDLESEX REGIONAL HIGH SCHOOL BUILDING PROJECT

The next meeting of the North Middlesex Regional High School Building Committee will be held on Monday, May 15, 2017, at the high school at 5:00 PM. Agenda items will include the following:

- Construction progress photo update
- Review construction project schedule
- Review project budget
- Review and discuss gym logo
- Review of change orders
- Review/approve technology-AV & projectors bid results - to be presented
- Review/approve OPM contract amendment

New Business

a) General Discussion

b) Authorization for Superintendent to Award Bid Packages Within Budget

TV Studio - Technology

Computers/Peripherals - Technology

Moving Services

Week of 5/15:

- Complete trim on exterior storefronts in east elevation
- Complete exterior masonry in east elevation and continue interior masonry at C vestibule
- Complete finish paint in A-1
- Complete corridor linoleum in A-1 and B-1 up to elevator front
- Complete carpet tile in C building
- Installing millwork in auditorium
- Complete OH work list for C and E corridors and inspections
- Continue set up of kitchen equipment
- Continue tile in stair # 1 and re-work stair # 2
- Rough MEP in auditorium and commons area
- Insulate MEP piping in A, C and E buildings
- Complete metal work on roof
- Continue installation of gym flooring
- Continue to touch up taping and sanding throughout the building
- Continue exterior site work/rebar and forming and placing concrete sidewalks
- Grading and tilling of softball field / continue irrigation piping
- Installing ceiling at exterior loading dock
- Continue cleaning of classrooms
- Start epoxy walls and floors in locker rooms
- Start installation of exterior plantings-weather permitting

DATES TO REMEMBER:

Tuesday, May 16	Senior Awards - Bartlett Gym	6 – 8:00 pm
Wednesday, May 17	National Art Honor Society Induction - NM Library	6- 7:00 pm
Thursday, May 18	Superintendent’s Student Advisory Council Superintendent's Parent Advisory Council	6 – 7:00 pm Canceled
Thursday, May 18	Band Concert - Auditorium	7- 9:00 pm

13 REASONS WHY: NETFLIX SERIES

The district administration wants to make you aware of a new series that some of our middle and high school students may be watching on Netflix, *13 Reasons Why*.

The series is based on a fictional novel by Jay Asher which focuses on Hannah Baker who took her life and leaves behind tape recordings of the 13 reasons why and the story of individuals that may have contributed to her ultimate decision.

Our most vulnerable population of students may have difficulty processing the content and may not know that there are healthy and appropriate ways to handle stressful situations. The series contains graphic scenes involving sexual assault, sexual harassment, bullying and suicide which can be upsetting to most individuals but can be particularly difficult for students with a trauma history.

Below is information provided by mental health professionals about the concern for students and serves as a resource to parents/guardians and our school staff.

National Association of School Psychologists (Background)

<https://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/preventing-youth-suicide/13-reasons-why-netflix-series-considerations-for-educators>

Jed Foundation (Issues raised)

<https://www.jedfoundation.org/13-reasons-jed-point-view/>

Jed Foundation/Suicide Awareness Voices of Education (Talking Points)

<https://www.save.org/13-reasons-why/>

According to the Society for the Prevention of Teen Suicide (<http://sptsusa.org>), the following signs may mean that a young person is at risk for suicide:

FEELINGS - Expressing hopelessness about the future.

ACTIONS - Displaying severe/overwhelming pain or distress.

CHANGES - Showing worrisome behavioral cues or marked changes in behavior, including withdrawal from friends or changes in social activities; anger or hostility; or changes in sleep.

THREATS - Talking about, writing about, or making plans for suicide.

SITUATIONS - Experiencing stressful situations including those that involve loss, change, create personal humiliation, or involve getting into trouble at home, in school or with the law. These kinds of situations can serve as triggers for suicide.

Please feel free to reach out to your child's school administration and counselors if you have any questions or concerns.

NISSITISSIT MIDDLE SCHOOL DRAMA

The Nissitissit Theater Presentation of HONK is being held on May 25th and May 26th in the Nissitissit Auditorium at 6:30 p.m. Tickets are \$8 for adults, students are free.

Grade 4 Moving to Grade 5 Parent Information Night: June 1, 2017, at 6:00 p.m. in the Nissitissit Auditorium

PROJECT GRADUATION

It is graduation time, and Project Graduation needs your help!! Project Graduation is an all-night substance-free party for graduating seniors, happening graduation night **June 2, 2017**. The project graduation committee needs an additional 55 volunteers to make this event a success. Please sign up to volunteer at this event at the following link <http://www.signupgenius.com/go/10c0c4dabab22a1f94-nmproject>.

ATHLETIC DEPARTMENT UPDATES

Please be sure to check the schedule website <http://www.mwlma.org/public/genie/382/school/43/> for schedule updates and changes.

CAMP INVENTION

Camp Invention is coming to Nissitissit Middle School this August! If you sign up by May 1st using the PROMO CODE "DISCOVER 15" you can save \$15. The program this year is called Launch, and an overview can be seen at the following link: [Camp Invention Video](#)

The dates and times are as follows: August 14th-18th from 8:00 a.m. - 2:30 p.m.

Please contact Branden Judkins with any questions or concerns at bjudkins@nmrsd.org.