

SCHOOL DISTRICT WELLNESS

The North Middlesex Regional School Committee recognizes the relationship between student well-being and student achievement as well as the importance of a comprehensive district wellness program. Therefore, the School Committee directs the Superintendent of Schools to create regulations and procedures to ensure that the school district will provide developmentally appropriate and sequential nutrition and physical education as well as opportunities for physical activity in compliance with federal, state and local laws and regulations.

SOURCE: MASC

LEGAL REFS.: The Child Nutrition and WIC Reauthorization Act of 2004, Section 204,
P.L. 108 -265
The Richard B. Russell National School Lunch Act, 42 U.S.C. §§ 1751 - 1769h
The Child Nutrition Act of 1966, 42 U.S.C. §§ 1771 - 1789
7 CFR Part 210
105 CMR 225.000: Nutrition Standards for Competitive Foods and Beverages in Public Schools
M.G.L. C. 111, § 223: Nutritional Standards for Sale or Provision of Foods or Beverages in Public Schools

CROSS REFS: EFC, Free and Reduced-Cost Food Services
IHAMA, Teaching About Alcohol, Tobacco and Drugs
KI, Public Solicitations/Advertising in District Facilities